




## This Week's Program

<p style="text-align: center;"><b>Wednesday, October 9</b></p> <p style="text-align: center;"><b>"When Tragedy Strikes, TIP is There"</b></p> <p style="text-align: center;"><b>Kryssie Booth</b> <b>TIP Long Beach Program Director</b></p> <p style="text-align: center;"><b>The Queen Mary</b> <b>12:00 Noon - LUNCH</b> <b>12:25 p.m. - 1:30 p.m. - PROGRAM</b></p> <p style="text-align: center;"><b>Ballot #2</b> <b>Due by Text or Email - NO Later than 10am October 9</b> <b>In-person voting available before the October 9 meeting</b></p> <p style="text-align: center;"><b>Special Guest</b> <b>Our Own District Governor Christopher Skorina</b></p>	
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Witnesses and victims are stunned after a boat catches fire in the Marina and explodes. A woman is incapacitated as she wakes up to find her husband of 50 years deceased. A man is stabbed in his beachfront condo by an intruder while his wife is across the country. A child suffers an unexpected seizure at school in front of staff and classmates, they are afraid and upset. What do each of these tragic events have in common?

**A TIP volunteer showed up to be with them.**

**Kryssie Booth**, originally from Hawaii, grew up in Long Beach. She is a product of LBUSD and believes strongly in public education. She co-founded a fabrication and production business in 2007; it grew from the humble beginnings of 3 in their garage to a fun and always exciting decade-long career in corporate events and retail installations with 15 employees and a 25,000 sq ft building. After selling her interest in the company in 2016, Kryssie returned to school at LBCC as a single mom. Through her non-linear educational path, she completed two associate degrees and then went on to receive her undergrad in Sociology from Cal State San Marcos and hopes to pursue her Master's in Social Work in her spare time.

She's raising her children in Long Beach. They include a graduate who is considering a career in the Navy, a nationally ranked sophomore wrestler, and a 2<sup>nd</sup> grader who is thriving in the LBUSD's Special Education program.

Kryssie spent 12 years on the PTA Board, and four years (two separate terms) on the school site council. She is a member of the Hawaiian Civic Club, and a grief group facilitator for elementary-aged students in the schools and for teens as part of a family bereavement program with Pathways Caregiving and Hospice.

Kryssie became a **Trauma Intervention Program** volunteer in 2023 and immediately connected with the mission. She joined the National TIP Organization as the Director of Operations and Development in March, excited to help TIP grow. When the Program Director position for Long Beach opened, Kryssie knew that combining the mission of TIP, with the direct service and impact on our city, would be purposeful and impactful.

[\*\*Rich Archbold Article on TIP\*\*](#)

## Message from President #108

By Steve M. Hockett, RCLB President #108

Last week I shared the magnitude of our "signature" programs in the Community and the Rotary world



Last week, I shared the magnitude of our designated programs in the community and the Rotary world.

I want to clarify the status of one of the newer programs. The rumors about the demise of the Bikes for Kids Program have been greatly exaggerated. Although I need to work on the approval by the Charitable Foundation, I am committed to completing this important project in December of 2024. For those of you who are planning on helping, we have established the following dates:

Friday, December 6th, for assembling the bikes  
Monday, December 9th, for the student assembly  
Tuesday, December 10th, for the bike fitting

With the great help of the Y, we will work with Roosevelt Elementary, which is across from Poly High School.

It's important to note that the Rotary Club's involvement in this program is still in its early stages, a significant step forward. This event has the potential to grow and become even more rewarding with your support.

We're excited to see you at our next meeting and encourage you to bring a guest. This is a great opportunity to introduce others to our work and to expand our community.

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## Welcome New Rotarian

By Steve M. Hockett, Sponsor



Please welcome our newest member **Craig Pastor**. Craig was born in Claremont, California, and attended UC Santa Barbara as an undergraduate. He continued his medical education in San Francisco, where he graduated from the California College of Podiatric Medicine. As a Lieutenant in the Navy, he was assigned to the Long Beach Naval Hospital as a Practicing Podiatrist. With the hospital's closure, he went to work for a private medical network, eventually transferring to Kaiser Permanente.

He and his wife, Cynthia, a local interior designer, live in Park Estates. They have supported Habitat for Humanity and the Long Beach Women's Shelter.

Craig retired from Kaiser in 2021. He and his wife are avid travelers and have visited over 30 countries. He is enthusiastic about joining the ranks of the Long Beach Rotarians and is looking forward to new friendships and participation in new philanthropic community opportunities.

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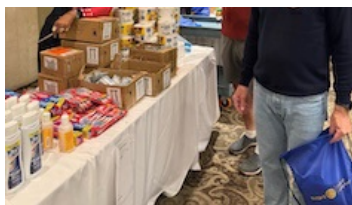
## Feeding the Future - Sixth Annual Grab & Go Event

By Donna Wajid, Feeding the Future Chair



Please join us at our regularly scheduled lunch meeting at **The Petroleum Club** on **Wednesday, October 16** and be a part of our **Sixth Annual Grab and Go** event.

Work alongside your fellow Rotarians to assist filling 1,500 string backpacks with food and hygiene items for distribution to the food pantries at our local colleges.



Currently, Long Beach City College's Viking Vault is averaging 1,000 students visits per week. According to Justin Mendez at LBCC, "the food is flying off the shelves and your support is needed more than ever". Christina Limon of the ASI Beach Pantry at CSULB said student visits are "at an all-time high and we can't keep our shelves full".

In addition to filling bags during the lunch hour, buffet opens at 11:30, we are asking for volunteers to:

1. Arrive early to help set-up.
2. Stay a little later to help with the clean-up.
3. Be a "runner" to restock the assembly tables.
4. Count and pack filled bags into boxes.
5. Break-down boxes

If you are unable to attend, please consider making a cash donation to the RCLB Charitable Foundation to assist with food purchases. Every day, college students do their best to improve their lives through education and they are so grateful for our support.

For more information or to volunteer, please contact **Leslie Wiberg** at [562.252.5391](tel:562.252.5391).

Enjoy this video: [Feeding the Future](#)

And please be sure to **RSVP with Madrid and Jennifer no later than Friday, October 10.**

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## Membership Message from President #108

By **Steve M. Hockett, RCLB President #108**

We are all aware of the fantastic programs that we support. Our Club is known for many great Avenues of Service that our members enjoy. Financially, the driving force behind our Club is membership.

Our budget is pretty straightforward. Our income is derived from membership dues, and the Club's expenses are fixed. The only areas where we can improve are new members and dues.

We need to continue recruiting new members to ensure that we continue to enjoy the Club in its current great state.

Please consider who of your friends and business contacts might enjoy our Club. The first step is inviting them to a meeting. The Club policy is that first-time guests are hosted by the Club. **In other words, inviting a guest to a Wednesday meeting is free.**

Also, I urge you to seriously consider the Rotary Connections event on October 17th. This event is not just about educating potential new members on Rotary, but also about having a great time and learning new things about our Club. It's an event you wouldn't want to miss!

I have asked the Membership Committee to review the membership process to see if we can speed it up to help keep potential new members engaged.

Thank you so much for your immediate attention to this important message. Your dedication and commitment to our Club is what makes us great. We are all Women and Men of Action! Please personally take action and invite a guest.



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## Rotary Connections

By **Natalie Hale, Fellowship Service Director**





## BIRTHDAYS - Click on a Name and send Greetings



[Edward W. Arnold](#)  
October 10th



[Nancy Zwiers](#)  
October 10th



[Craig J Pastor](#)  
October 11th



[Mark Guillen](#)  
October 14th



[Patrick G. O'Grady](#)  
October 15th



[Don Knabe](#)  
October 15th

## YEARS of SERVICE - Click on a Name and send Congrats



[Gregory R. Gill CCIM, SIOR](#)  
37 Years



[Patrick G. O'Grady](#)  
34 Years



[C. Robert Luskin](#)  
29 Years



[Edward W. Arnold](#)  
25 Years



[Michael C. Jensen](#)  
24 Years



[Dana A. Buchanan](#)  
15 Years



[Richard C. Dempsey](#)  
15 Years



[Anthony J. Gales](#)  
13 Years



[Christopher Wacker](#)  
6 Years



[Ian Patton](#)  
5 Years



[Tina Barry](#)  
5 Years



[Dan D'Sa](#)  
3 Years



[Debbie Thorpe](#)  
2 Years



[Jeff Levine](#)  
2 Years



[Behdod Vaghefi](#)  
1 Year



[Gregory White](#)  
1 Year



[Kevin F Pichardo](#)  
**New Member !**

## EVENTS

October 9th, 12:00-1:30 PM  
**Long Beach Weekly Club Meeting**  
**Speaker:** Kryssie Booth - When Tragedy Strikes, TIP is There

October 10th, 2:00-3:00 PM  
**RoToastados - A Rotary Toastmaster Alliance Club**

October 10th, 5:30-8:30 PM  
**Rotary Sunset Cruise**  
Sunset Cruise and BBQ Dinner at LBVC

October 12th, 8:00-9:00 AM  
**Centennial Park Clean-up**

Also Visit from District Governor

October 15th, 4:00-5:00 PM  
[RCLB Board of Directors Meeting](#)

October 16th, 11:00-2:00 PM  
[Long Beach Weekly Club Meeting](#)  
**Subject:** Feeding the Future  
Annual Grab-and-Go packing the bags

October 17th, 5:30-7:30 PM  
[Rotary Connections](#)  
Bring a prospective member

October 23rd, 12:00-1:30 PM  
[Long Beach Weekly Club Meeting](#)  
**Speaker:** Heather Richardson  
**Subject:** Advances in Oncology

October 24th, 2:00-3:00 PM  
[RoToastados - A Rotary Toastmaster Alliance Club](#)

October 30th, 12:00-2:00 PM  
[Long Beach Weekly Club Meeting](#)  
**Speaker:** JordyLeiser  
**Subject:** Competition for Ticketmaster

October 31st, 9:00  
[Navajo Nation Trip](#)  
**Postponed until Spring 2025**  
Visit a Dig Deep water project in the Navajo Nation, meet with tribal members and work on a hogan repair.

November 6th, 12:00-1:30 PM  
[Long Beach Weekly Club Meeting](#)  
LB Rotary Scholarship Foundation Annual Program with Scholarship Recipients!

November 7th, 2:00-3:00 PM  
[RoToastados - A Rotary Toastmaster Alliance Club](#)

November 9th, 8:00-9:00 AM  
[Centennial Park Clean-up](#)

November 12th, 5:00-7:00 PM  
[5 O'Clock Somewhere](#)  
Holiday Wine Tasting  
Hosted by Randy Kemner

November 13th, 12:00-1:30 PM  
[Long Beach Weekly Club Meeting](#)  
**Speaker:** Nate Jones  
**Subject:** USS Iowa




November 19th, 4:00-5:00 PM  
[RCLB Board of Directors Meeting](#)

November 20th, 12:00-1:30 PM  
[Long Beach Weekly Club Meeting](#)  
**Speaker:** Lions Automobilia Museum  
**Subject:** UCLA vs. USC

November 24th, 3:00-5:30 PM  
[Ronald McDonald House Sunday Meal](#)

November 27th, 12:00-1:30 PM  
[Long Beach Weekly Club Meeting](#)  
**DARK for Thanksgiving Holiday**

## Congratulations Jim McDonnell - 59th Chief of Police, Los Angeles Police Department

 <p><b>THE MAGIC OF ROTARY</b></p>	<p><b>Rotary Club of Long Beach</b> meets every Wednesday @ 12 Noon</p> <p><b>THE QUEEN MARY</b> 1126 Queens Hwy Long Beach, CA 90802</p> <p><i>LB Skyline Photo Credit Long Beach Convention &amp; Visitors Bureau</i></p> <p>October 9, 2024 - Vol. 108, Issue 14</p>	<p><b>Club Office</b> Rotary Club of Long Beach The Queen Mary 1126 Queens Hwy. Sylvania Room Long Beach, CA 90802 562-499-1752 <a href="mailto:Rotary@RotaryLongBeach.org">Rotary@RotaryLongBeach.org</a></p> <p><b>Visit</b> <a href="#">Long Beach Rotary</a> <a href="#">District 5320</a> <a href="#">Rotary International</a></p>	<p><b>Visit our Social Media Pages</b></p>  
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